

MeQuilibrium: 14 Days To Cooler, Calmer, And Happier By Jan Bruce;Andrew Shatte Ph.D.;Adam Perlman MD/MPH

By Jan Bruce;Andrew Shatte Ph.D.;Adam Perlman MD/MPH

Lisa Dearen | Freelance Copywriter & Content -

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She is also the co-author of meQuilibrium: 14 Days to Cooler, Calmer, and Happier with Andrew Shatte, The Texas Conference for Women is a 501(c)

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